

Understanding *A Course In Miracles* from *Your Inside Out* An Experiential Study

(The 1st, 2nd, & 3rd Thursdays of October '10 thru June '11)

Take part in an event that will benefit students of the Course worldwide!

In this unique experiential study, we will model a fresh way to open to *A Course in Miracles* (ACIM), relating it to each participant's current inner beliefs. Participants will engage powerful truths of the Course, using Creative Arts Therapy to move beyond words into profound personal transformation. This study is designed as nine monthly 3-week interactive Explorations. The Explorations are grouped into three Series, each focused on exploring a deep question.

All participants are encouraged to get a copy of ACIM. Each participant will receive a personal journal in which to record intentions, questions and insights that arise. No art experience or ACIM background is necessary.

Join Renee Bures, Registered Art Therapist, and Gayle Dulcey, Archetypal Psychologist, Spiritual Life Coach and experienced ACIM facilitator, to accelerate your own awakening, integration and healing.

Outline of the Study

Each of the Series develops an ACIM theme through 3 monthly Explorations:

Series 1 (Oct, Nov, Dec '10): **Encountering “the self”** or
How do I define myself?

Series 2 (Jan, Feb, Mar '11): **Engaging “the scripts”** or
How do I interpret relationships and life events?

Series 3 (Apr, May, Jun '11): **Embracing “the atonement”** or
How can I be an agent of healing?

Each Exploration unfolds in three weekly sessions, to be held the first three weeks of the designated month:

Week 1: CREATE! (3 hours: 11:30a.m. to 2:30p.m. *Eat before/after or bring a bag lunch.*)

Participate in a 3-hour **Course-Related Expressive Art Therapy Experience** and initial processing; Receive sheet of ACIM excerpts focused to assist in mining the Expressive Art.

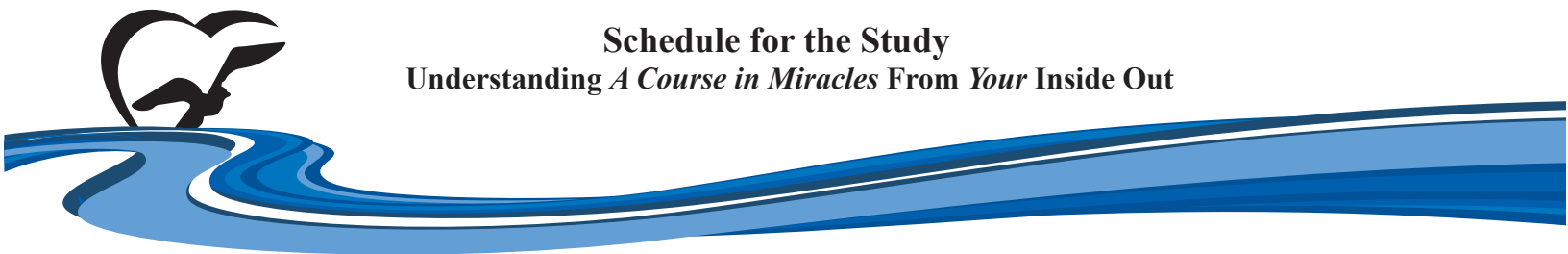
Week 2: EXCAVATE! (2 hours: 12:00p.m to 2:00p.m.)

Process the CREATE!, as well as journal entries, to share personal insights. Identify questions and issues provoked by the art, journaling and ACIM excerpts.

Week 3: GROUND! (2 hours: 12:00p.m to 2:00p.m.)

Discuss in depth personal insights that have emerged during previous weeks and integrate them using ACIM.





Schedule for the Study
Understanding *A Course in Miracles* From *Your* Inside Out

SERIES 1 (October, November, December 2010)

Encountering “the self” How do I define myself?

EXPLORATION 1.1 October 2010	EXPLORATION 1.2 November 2010	EXPLORATION 1.3 December 2010
Week 1 CREATE! 10/07/10	Week 1 CREATE! 11/04/10	Week 1 CREATE! 12/02/10
Week 2 EXCAVATE! 10/14/10	Week 2 EXCAVATE! 11/11/10	Week 2 EXCAVATE! 12/09/10
Week 3 GROUND! 10/21/10	Week 3 GROUND! 11/18/10	Week 3 GROUND! 12/16/10

SERIES 2 (January, February, March 2011)

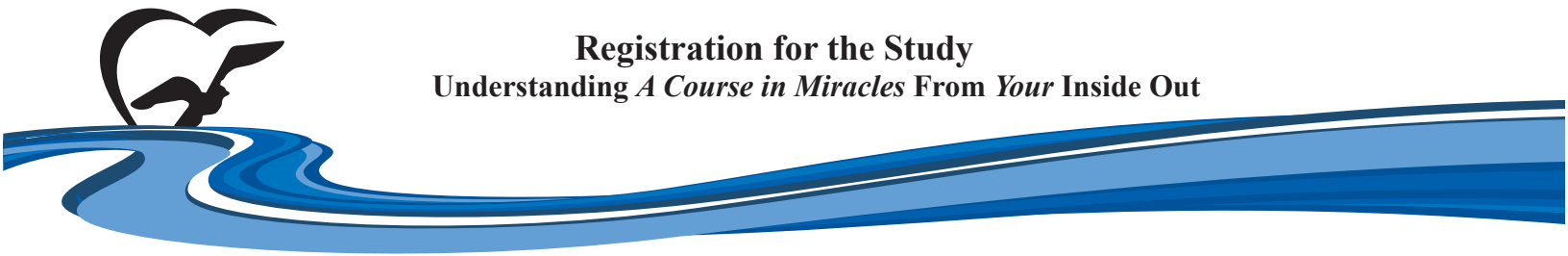
Engaging “the scripts” How do I interpret relationships and life events?

EXPLORATION 2.1 January 2011	EXPLORATION 2.2 February 2011	EXPLORATION 2.3 March 2011
Week 1 CREATE! 01/06/11	Week 1 CREATE! 02/03/11	Week 1 CREATE! 03/03/11
Week 2 EXCAVATE! 01/13/11	Week 2 EXCAVATE 02/10/11	Week 3 GROUND! 02/17/11
Week 3 GROUND! 01/20/11	Week 2 EXCAVATE! 03/10/11	Week 3 GROUND! 03/17/11

SERIES 3 (April, May, June 2011)

Embracing “the atonement” How can I be an agent of healing?

EXPLORATION 3.1 April 2011	EXPLORATION 3.2 May 2011	EXPLORATION 3.3 June 2011
Week 1 CREATE! 04/07/11	Week 1 CREATE! 05/05/11	Week 1 CREATE! 06/02/11
Week 2 EXCAVATE! 04/14/11	Week 2 EXCAVATE 05/12/11	Week 2 EXCAVATE! 06/09/11
Week 3 GROUND! 04/21/11	Week 3 GROUND! 05/19/11	Week 3 GROUND! 06/16/11



Registration for the Study

Understanding *A Course in Miracles* From Your Inside Out

Because of the unique nature of this study, space is limited. Since the study is progressive, we strongly encourage participation in all three series (9 Explorations). We are seeking participants willing to express their commitment to this transformative endeavor. By signing up, you set the intention to attend every week you possibly can, as life permits.

You are welcome to sign up for only one series (3 Explorations) at a time; however, those pre-registering for all three series get first acceptance. *(If you are learning about this study at a late date, call 215-260-2523 for details about ways to "jump in.")*

Fees* for CREATE! Sessions (Discounts provided for multiple-series registrations.)

- \$25 per CREATE! Session, if registering for all 3 series \$225, total for all 9 Explorations
- \$35 per CREATE! Session, if registering for 2 series \$210, total for 6 Explorations
- \$40 per CREATE! Session, if registering for 1 series \$120, total for 3 Explorations

NOTE: Fees help with materials and Studio time for each 3-hour CREATE! (group Creative Arts Therapy session). Renee and Gayle are donating their time. Love offerings are welcomed for EXCAVATE! and GROUND! sessions to defray Studio overhead.

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REGISTRATION FORM

Please check the space before each Series for which you are registering:

- _____ **Series 1** (Oct, Nov, Dec '10) Registration ends September 15, 2010
- _____ **Series 2** (Jan, Feb, Mar '11) Registration ends December 1, 2010
- _____ **Series 3** (Apr, May, Jun '11) Registration ends February 1, 2010

Number of Series for which I am registering: _____ Total fee due \$ _____

Participant Information

Name _____

Address: _____

Street Address

City, State, Zip

Contact: _____
Phone _____ **Email** _____

_____ I have enclosed a check for \$ _____, the total fee due.

_____ Charge my credit card \$ _____, the total fee due. My credit card information is below:

_____	_____	_____/____	_____
Card Type (Visa, etc)	16-digit Credit Card Number	Month/Year	3-digit ID code

Please complete the registration form above, sign the Preliminary Consent to Participate (on next page), and return registration and Preliminary Consent, with credit card information or check (made payable to Alchemy Open Studio) to
Alchemy Open Studio
260 Wells Road, Suite A
Doylestown, PA 18901



Preliminary Agreement and Consent To Participate in Experiential Study
Understanding *A Course in Miracles* from *Your Inside Out*

This is a study. Our purpose in designing and presenting “Understanding A Course in Miracles from Your Inside Out” is to develop and document a process that models a way to explore ACIM through Creative Arts Therapy.

As facilitators, we ask that all participants agree to keep in confidence all sharing of a personal nature done in sessions.

As facilitators, we agree to handle all recordings, images and writing of participants with discretion and complete confidentiality.

If results of this study are published or presented, individual names and other personally identifiable information will be used only with explicit permission, as granted below.

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PRELIMINARY AGREEMENT/CONSENT FORM

I wish to participate in the study event, **Understanding *A Course in Miracles* from *Your Inside Out***.
I agree to hold in confidence all sharing of a personal nature done in sessions.

If results of this study are published or presented, I would like to be identified as follows:

- _____ Use my first name.
- _____ Do **not** use my first name.
- _____ Use the following fictitious name _____

Participant Name (Please print)

Date

Participant Signature

Date